Dishes and their allergen content

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the $nut(s)^{\dagger}$)

Dishes						Lupin Flour	Milk		MUSTARD			UMAN (SA)		WNE CASE
	Celery	Cereals containing gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Almond Croissant		Wheat		1			✓			Almonds				
Butter Croissant		Wheat		✓			✓							
Chocolate Croissant		Wheat		✓			✓							
Vegan Apricot Croissant		Wheat												
Blondie- Biscoff		Wheat		√			✓						✓	
Blondie- Lemon Raspberry		Wheat		1			✓						✓	
Blondie-Rolo		Wheat		✓			✓						✓	
Brownie- Chocolate		Wheat		√			✓						✓	
Brownie-Oreo		Wheat		✓			✓						✓	
Brownie- Salted Caramel		Wheat		1			✓						✓	

Dishes						Lupin Flour	Milk		MUSTARD			(ISAM)		we we
	Celery	Cereals containing gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Brownie- Kinder & Nutella		Wheat		1			1			Hazelnuts (other nuts)			✓	
Brownie - Smarties		Wheat		1			1						✓	
GF Blackcurrant Crumble														
Honeycomb Tiffin		Wheat					✓						✓	
Honeycomb Truffle							✓				✓		✓	
Millionaire's Shortbread		Wheat					✓						✓	
Cake – Alabama Fudge		Wheat		1			1							
Cake – GF Carrot							1			Walnuts				
Cake – Red Velvet Cheesecake		Wheat		1			1						✓	
Cake – Victoria Sponge		Wheat		1			1						✓	✓
Cake – Vegan Carrot		Wheat								Pisatcchio				

Dishes						Lupin Flour	Milk		MUSTARD			USAM O.		WE
	Celery	Cereals containing gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Cake - Lemon & Blueberry		Wheat		1			√						✓	
Burger Sauce	✓	Barley		✓	✓				✓					✓
Platform 1 (No Sauce)	✓	Wheat							✓				✓	
Platform 2 (No Sauce)		Wheat					✓		✓					
Platform 3 (No Sauce)		Wheat					✓		✓					
Platform 4 (No Sauce)		Wheat					✓		✓					
Big Marco (No Sauce)		Wheat					✓		✓					
Bacon Bap		Wheat					✓							
Brie, Bacon & Chutney		Wheat		✓			✓		✓					
Brie Bacon & Cranberry		Wheat		✓			✓		✓					
Brie, Tomato & Onion Chutney		Wheat		✓			✓		✓					
Brie Tomato & Cranberry		Wheat		1			✓		1					

Dishes						Lupin Flour	Milk		MUSTARD			UMAM O.		WNE
	Celery	Cereals containing gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
BLT		Wheat		✓					✓					
Chicken, Bacon, Mayo & Rocket		Wheat		✓					✓					
Mature Cheddar & Chutney		Wheat		✓			✓		✓					
Spicy Chicken Mayo		Wheat		✓										✓
Tuna Mayo & Cucumber		Wheat		✓	✓				✓					
Vegan Cheese & Chutney		Wheat												
Vegan Cheese & Vegan Mayo		Wheat												
Sausage Bap		Wheat					√							
Sausage & Bacon Bap		Wheat					✓							
Sausage & Chutney		Wheat		√					√					✓

Dishes						Lupin	Milk		MUSTARD			USAM O.		WNE CASE
	Celery	Cereals containing gluten*	Crustacea ns	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Turkey & Stuffing		Barley Wheat		√					√				✓	✓
Sourdough Roll		Wheat												
Ciabatta Roll		Wheat												
Foccacia Roll		Wheat												

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Reviewed by: Marco Petitto



You can find this template, including more information at www.food.gov.uk/allergy-guidance